MAHENDRA ENGINEERING COLLEGE



(AUTONOMOUS)

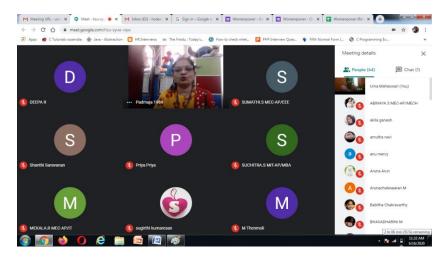
WOMEN EMPOWERMENT CELL

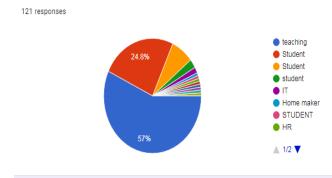


Academic Year (2020-2021)

| Event Name | Women Power |
|---------------------------------|------------------------------------|
| Collaborating Agency | Victory Insights, Chennai. |
| Date | 16.06.2020 & 18.06.2020 |
| Number of Students participated | 65 |
| Beneficiary | Faculty Members and Girls students |

This program grasped very good response from people of various domains. The speaker attracted every one by her enchanting voice. Content of the program covered was, Life Audit, Resilience, Personal Productivity, Positive way forward. Indeed it was an interactive session .Participants gave wonderful Feedback of the event and got highly motivated.





Profession

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WOMEN EMPOWERMENT CELL

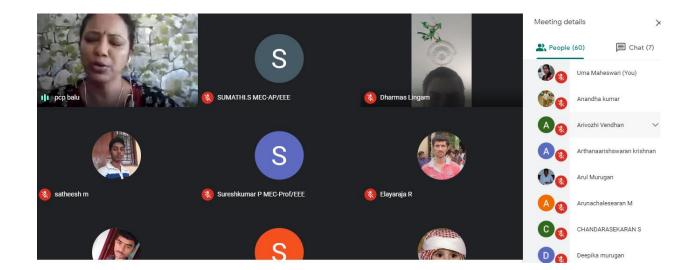


Academic Year (2020-2021)

| Event Name | The ME that I Forgot |
|---------------------------------|------------------------------------|
| Collaborating Agency | - |
| Date | 07.07.2020 |
| Number of Students participated | 60 |
| Beneficiary | Faculty Members and Girls students |

The Program was intended to create awareness among Female gender participants about; How to utilize, approach in proper channel for the justice required. It also précised about the necessity of LAW for the betterment of safety living in this society. It also added:

- > Generating women's sense of self-worth
- > Women's right to have and to determine their choices
- > Women's right to have access to equal opportunities and all kinds of resources
- > Women's right to have the power to regulate and control their own lives, within and outside the home
- > Women's ability to contribute in creating a more just social and economic order The students were much attentive & interactive throughout the program & it was carried out more lively by the Guests.



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WOMEN EMPOWERMENT CELL

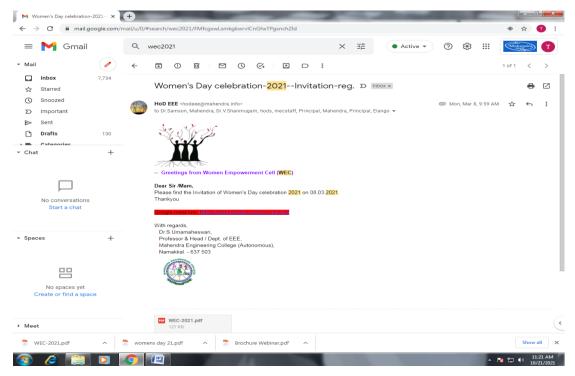


Academic Year (2020-2021)

| Event Name | Women's Day Celebration The topic was on "I am Happy! Are You" |
|---------------------------------|--|
| Collaborating Agency | - |
| Date | 08.03.2021 |
| Number of Students participated | 100 |
| Beneficiary | |

The Program was intended to create awareness among Female gender participants about;

- > Importance of Women in society.
- ➤ Empowering Women
- ➤ Saluting Her Contribution to the Society
- ➤ Building the World a better Place To Live
- ➤ Women a Full Circle
- > A Woman Can Help Her Fellow Woman
- > Unite to Fight: The Cause of Women Empowerment
- ➤ How to behave as individual to this ever changing society?
- ➤ Attitudinal change required to come over with the young generation.



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WOMEN EMPOWERMENT CELL



Academic Year (2020-2021)

| Event Name | Online Fraud and Harassment |
|---------------------------------|------------------------------------|
| Collaborating Agency | Edgeverve System, Bangalore |
| Date | 01.08.2020 |
| Number of Students participated | 60 |
| Beneficiary | Faculty Members and Girls students |

The Program was intended to create awareness among Female gender participants about;

- ➤ Online Threats, Stalking, Cyber bullying
- ➤ Hacking and Fraud
- Buying Illegal Things
- Vacation Robberies
- > Creation of fake profile
- > Fake online friendship



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WOMEN EMPOWERMENT CELL



Academic Year (2020-2021)

| Event Name | Healthy Mind; Wealthy Life – Science of |
|---------------------------------|---|
| | YOGA to Mental Health |
| Collaborating Agency | Manavalakalai Manram,Tharamangalam |
| Date | 22.04.2021 |
| Number of Students participated | 50 |
| Beneficiary | Girls students, Sengunthar Matric School, |
| | Tharamangalam |

The Program was intended to create awareness among Female gender participants about;

- ➤ Science behind Kundalini Yoga
- > Practice on Kundalini Yoga
- Science of Physical exerciseThe mythical facts on "Body and Brain"



